

PARK July 2023 Sink



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Salad Bar available daily Milk or Juice served daily with meal	3 Chicken Finger Sub Seasoned Potatoes Green Beans Turkey Sub Ice Cream Sandwich	Happy July 4th!	5 Pasta Meatballs Breadsticks Chicken Wrap Sugar Cookie	6 Grilled Chicken Sandwich or Chic Nuggets Seasoned Rice Orange Smiles Ham Sub Pudding Cup	7 CAMP THEME DAY: Happy Birthday USA Hamburger or Veg Burger Potato Salad, Chips, Watermelon Tuna Wrap Firecracker Bomber Pop	Menu item options for the 8 known major allergens available daily
Salad Bar available daily Milk or Juice served daily with meal	Chicken Nuggets Mac & Cheese Seasoned Corn Turkey Sub Chocolate Cookie	Beef Taco's w/ Lettuce, Tomato, Cheese Rice, Chips, Salsa & Sour Cream Ranchero Wrap Ice Cream Treat	12 French Toast Sticks Sausage Links Home Fries Ham Sub Pudding Cup	Sahlen's Hot Dog Buttered Noodles Corn Buffalo Chicken Wrap Apple Crisp	CAMP THEME DAY: Super Hero Day Italian Pasta Meatballs Garlic Breadstick Spinach Salad Turkey Flat bread Ice Cream Treat	Gluten Free Items Available Daily Upon Request
Salad Bar available daily Milk or Juice served daily with meal	Grilled Cheese Sandwich Tomato Rotini Soup Peas & Carrots Ham Sub Snickerdoodle Cookie	Breaded Chicken Cutlet Sandwich Au Gratin Potatoes Veggie Sticks Chicken Wrap Rice Krispie Treats	Sahlens Hotdog w/ Chili Sauce Watermelon Potato Chips Caesar Wrap Chocolate Chip Cookie	Taco Deluxe w/Beef, or Taco in Bag Cheese, Lettuce, Tomato, Sour Cream Corn, Rice Turkey Sub Brownie	CAMP THEME DAY: COUNTRY FAIR DAY Fried Chicken Mashed Potatoes, Gravy Corn Watermelon Slice Tuna Sub Assorted Pudding	Sunbutter & Jelly Sandwiches and Cheese Sandwiches available daily
Salad Bar available daily Milk or Juice served daily with meal	Macaroni and Cheese Chicken Nuggets Caesar Salad Ranchero Wrap Popsicles	25 Meatball Bomber Sub Chicken Noodle Soup Green Beans Turkey Flatbread Sugar Cookie	Pasta w/ marinara Meatballs Breadsticks Caesar Wrap Frosted Cake	Cheeseburgers Steak Fries Veggie Sticks Chicken Wrap Ice Cream Sandwich	CAMP THEME DAY: Parkstock Festival Assorted Pizza Spicy Chicken Fingers Veggie Sticks Fruit Salad Ham Sub Skippy Cup Sundaes	On Cook Out Days Kosher Hot Dogs/ Vegetarian Burgers Are Available Upon Request

Fresh fruit or fruit cup available daily.

* *Menu's subject to change without notice





PARK August 2023 STAR Always Leading

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Salad Bar available daily Milk or Juice served daily with meal	Olympics Week ITALIAN Spaghetti & Meatballs Garlic Bread Stick Orange Slice Assorted sub Popsicles	Olympics Week MEXICAN Taco Deluxe Taco in Bag Mexican Rice Ranchero Wrap Churros	Olympics Week CANADA Chicken Fingers Poutine Steak Fries (gravy/cheese) Watermelon Slice Ham Sub Rice Crispy Treats	Olympics Week USA Hamburger/Cheese Burger, Chips Buttered Corn Caesar Wrap Apple Pie	Olympics Week GREECE Chicken Souvlaki w/Pita Bread Chicken Nuggets Oven Roasted Potatoes Caesar Salad Turkey Flatbread Rice Pudding	Menu item options for the 8 known major allergens available daily. Gluten Free Items Available Daily Upon Request
Salad Bar available daily Milk or Juice served daily with meal	7 Chicken Nuggets Macaroni & Cheese Corn Niblets Ham Sub Chocolate Cookie	Fresh Baked Pizza & Chicken Fingers Celery & Carrot Sticks Ranch Dressing Buffalo Chicken Wrap Strawberry Shortcake	9 Breakfast for Lunch French Toast Sticks Sausage Links Home Fries Chicken Wrap Ice Cream Treat	Grilled Cheese Tomato Soup French Fries Turkey Flat bread Pudding Cup	CAMP THEME DAY: Farewell Picnic Buffet Hamburgers or Hot dog Chicken Caesar Salad Watermelon Slice Ice Cream Sundaes for the Camp in the afternoon!	HAPPY 9th GRADE GRADUATION!

Fresh fruit or fruit cup available daily.

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Park School

2023





Summer Day Camp